



GOOD NEWS!!

As we move from

COVID 19 Pandemic to Endemic

we welcome the removal of restrictions for the general public!!

As a health care facility we will be decreasing our restrictions
gradually:

👉 Our team will continue to wear a mask when working with you as we must regularly be within a 6 ft distance of you to do so.

👉 Clients are welcomed and encouraged, but not required, to wear a mask when 6ft distancing is not possible.

👉 Exercising on cardio equipment without a mask is a welcome change! During this transition, we will be keeping the 6 ft distancing between our cardio machines &/or use 6 ft distancing signage, to maintain a comfortable workout environment for all clients.

In the coming weeks we will adapt our guidelines as we monitor the impact of the removal of restrictions for the general public.

If you have any questions or concerns about our gradual decrease in restrictions, please do not hesitate to reach out to any of our team members for clarification.

Your Ken Val Rehab Team